

Can mathematics change the world?

Insights into policy changes, using HPV
modelling as an example

Robert Smith?

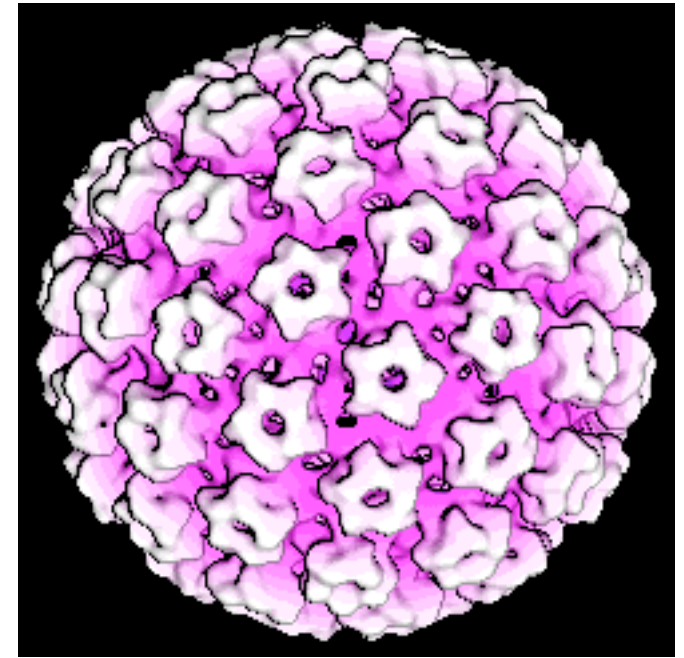


Departments of Mathematics and Faculty of Medicine
The University of Ottawa



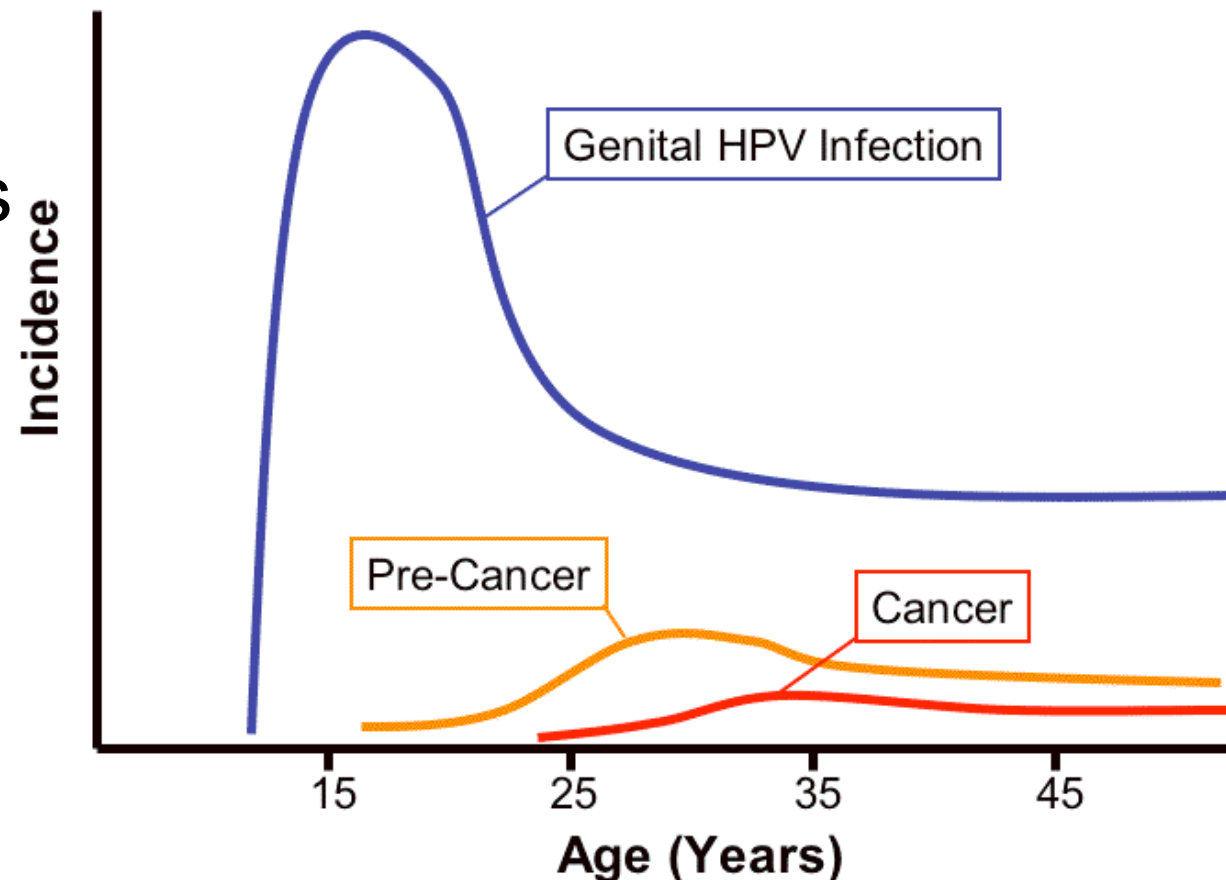
Outline

- Epidemiology of HPV
- Details of the vaccine
- Research questions
- The mathematical model
- Derive thresholds
- Number of doses vs age
- Applications to policy.



Human papillomavirus

- Over 100 different strains
- 30-40 strains are transmitted through sexual contact
- HPV causes:
 - 5% of all cancers
 - 10% of all cancers in women.



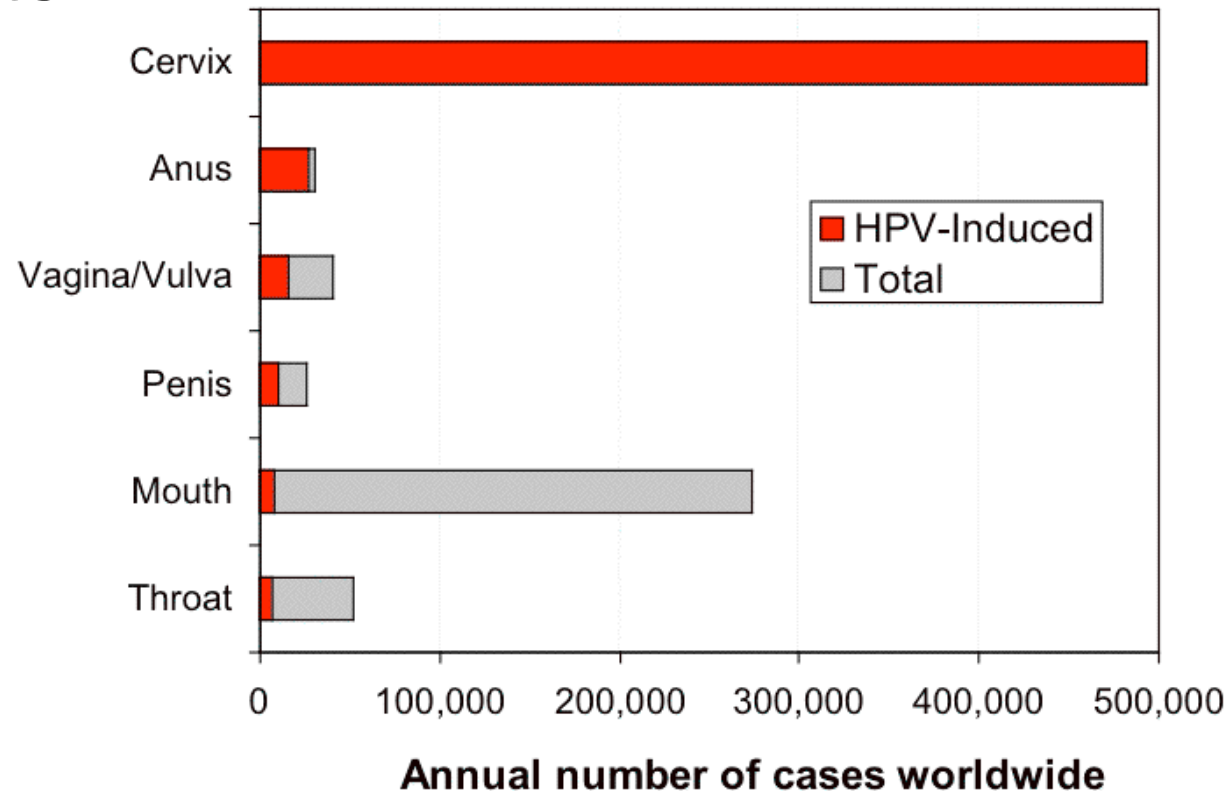
HPV infections

HPV infection results in

- genital warts
- cervical cancer
- penile cancer
- anal cancer
- respiratory papillomatosis

(vertical transmission)

...requiring frequent surgery.



Prevalence in women

- Including harmless strains, estimates are:
- 20 year old women: 20-40%
- College women: >40%
- Lifetime risk: 75%

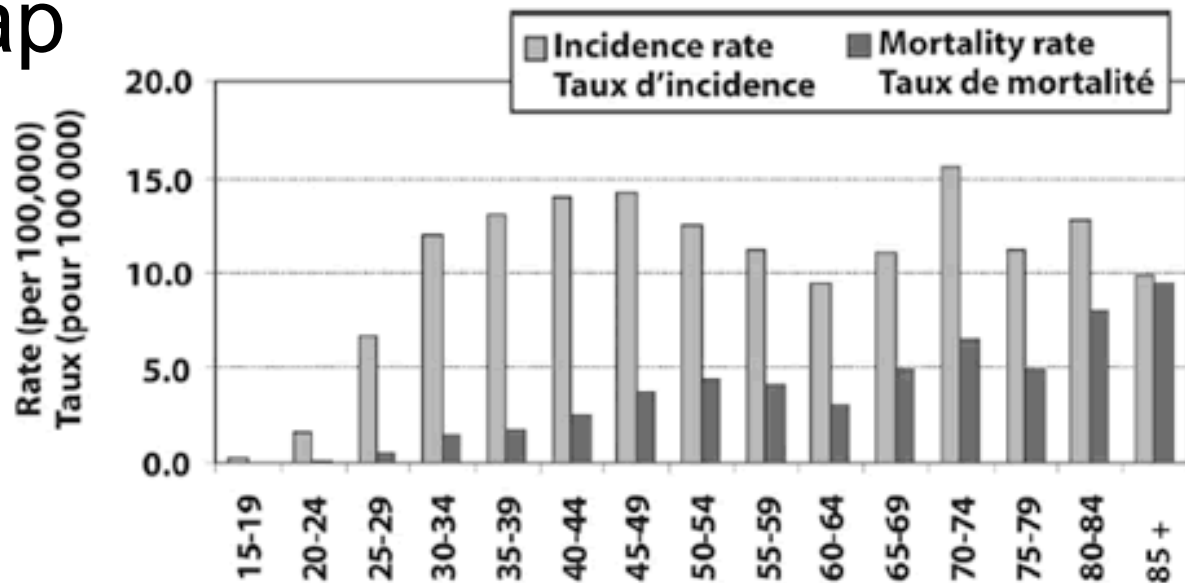
(detection relies upon the pap smear, which detects cellular abnormalities caused by HPV)

- Acquisition to malignancy takes >10 years
- Cervical cancer is the second most common cause of death from cancer in women.

Infections in the US

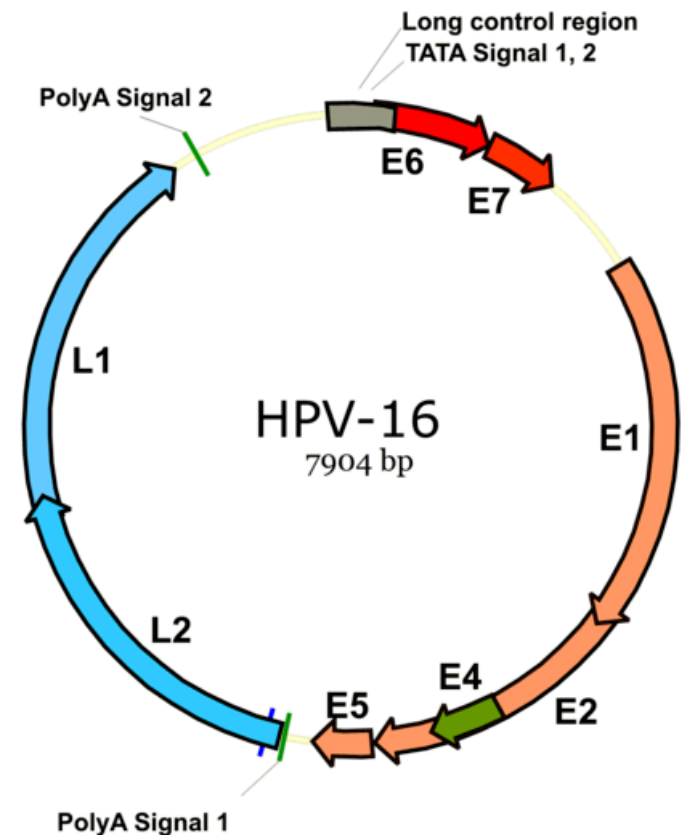
- 6,200,000 infections per year
- 14,000 women diagnosed with cervical cancer each year, leading to...
- 3,900 deaths

(many fewer than would be caused by HPV, due to effective pap smear screening and precancer treatments).



HPV strains of interest

- Types 6 and 11 account for 90% of genital wart infections
(as well as respiratory papillomatosis)
- Types 16, 18, 31 and 45 lead to cancer
- Types 16 and 18 are responsible for 65% of cervical cancer cases.



Prevention

- Without condom use, risk of transmission is close to 90%
- With condom use, risk is close to 40%
- No antivirals have been developed for HPV
- Vaccines are estimated at 90–100% efficacy.

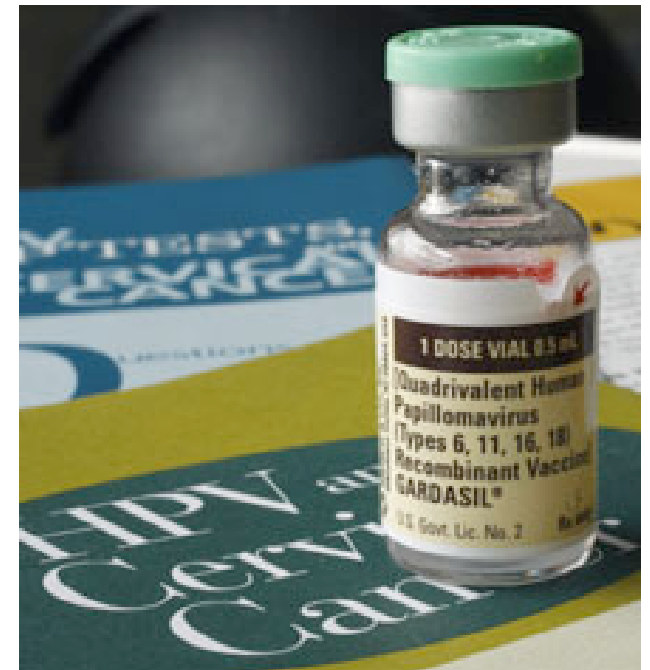


The vaccines

- Gardasil (Merck) protects against strains 6, 11, 16 and 18
(the four most common strains)
- Cervarix (GSK) protects against strains 16 and 18
(the two most common cancer-causing strains)
- Some evidence of cross-protection against strains 31 and 45 (the other cancer strains).

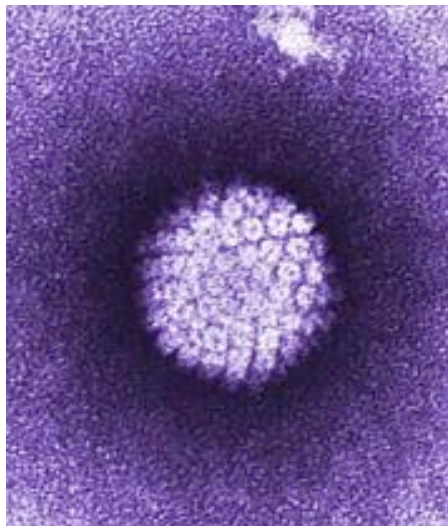
Gardasil

- Protects against both persistent and incident infections
- No side effects
- Three shots over six months, costing \$US360
- Recommended for women aged 9–26
- Highly efficacious
- Greater than 90% when all three doses are taken.



Men?

- The vaccine has recently been approved for men
- However, uptake rates are low
- Thus, we'll assume vaccinated men have a negligible effect on the outcome.



The rollout program

- Canadian provinces are now vaccinating girls aged 9–13
(ie before they become sexually active)
- The vaccine is available to women aged 14–26, but is not covered by Canadian health plans
- However, different provinces vaccinate at different ages
- Some also give two doses instead of three
 - piggybacking on other vaccination programs tends to result in greater uptake rates.

Provincial vaccination strategies

<i>Strategy</i>	<i>Province(s)</i>	<i>Grade</i>	<i>Doses</i>	<i>Coverage Rate</i>
1	NWT	4	3	unknown
2	QU	4, 9	2, 1(last)	81-86%
3	AB	5	3	50-60%
4	BC	6,9	2	62%
5	NL	6,9	3	85%
6	MB	6	3	52-61%
6	NU	6	3	unknown
6	PE	6	3	85%
6	SK	6	3	58-66%
6	YK	6	3	unknown
7	NS	7	3	85%
7	NB	7	3	unknown
8	ON	8	3	49- 59%

Coverage levels

- Initial surveys suggested that the majority of parents (77%) would be receptive to their children being vaccinated, if suitably informed about HPV
- In the first year, Ontario reported only 53% vaccination coverage
- This has not increased substantially over subsequent years.



Research questions

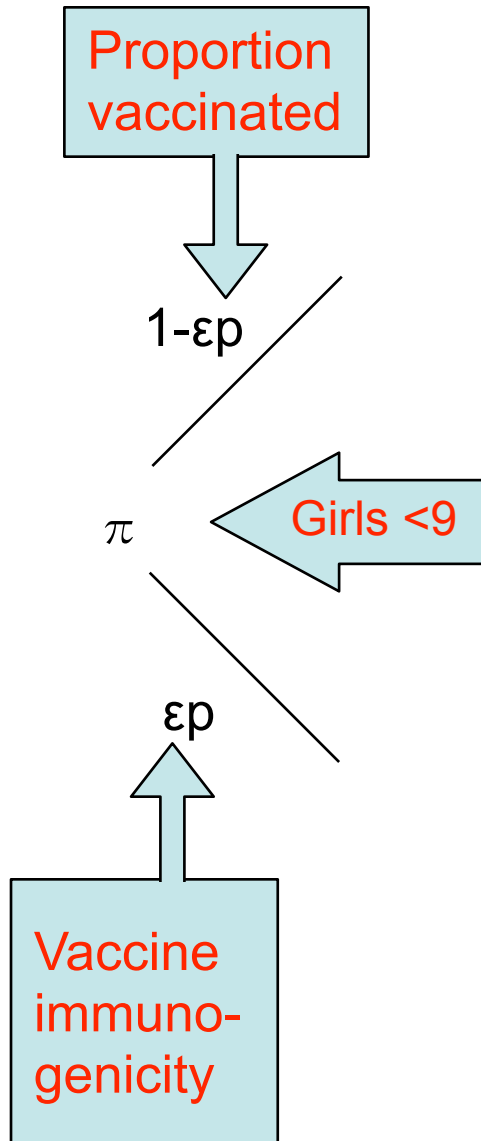
- Does the age at which girls are vaccinated significantly affect the outcome?
 - we'll use grade instead of age, in line with how the program is organised
- What are the implications of two vs three doses?
- Should we attempt to standardise across Canada?
 - health is provincial, but the Public Health Agency of Canada, based in Ottawa, can make recommendations.

Baseline model

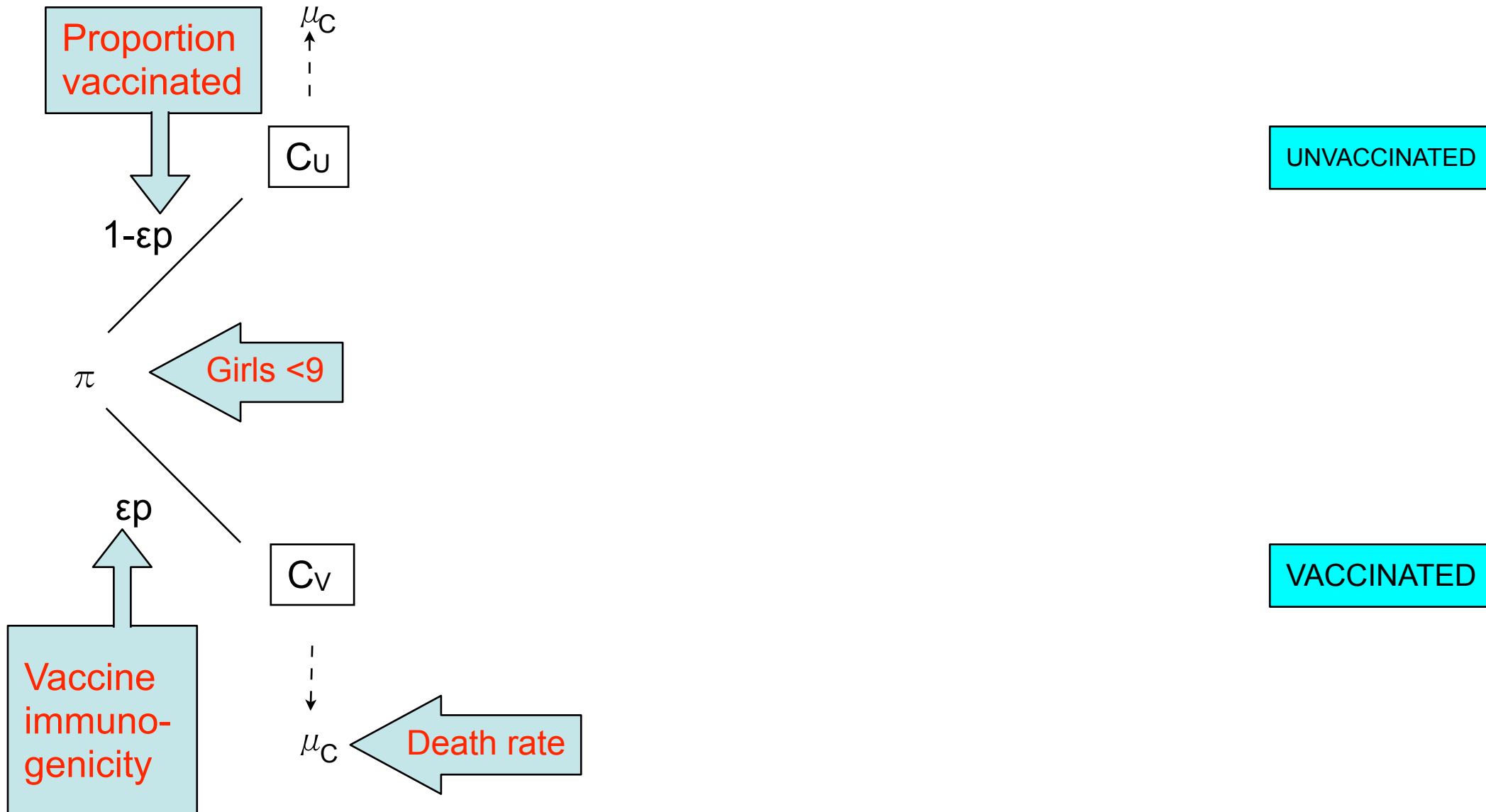
- Our first approximation considered a single childhood class
- Children progress to adults
(defined as sexually active individuals)
- Either children or adults can be vaccinated
- We only study heterosexual transmission.



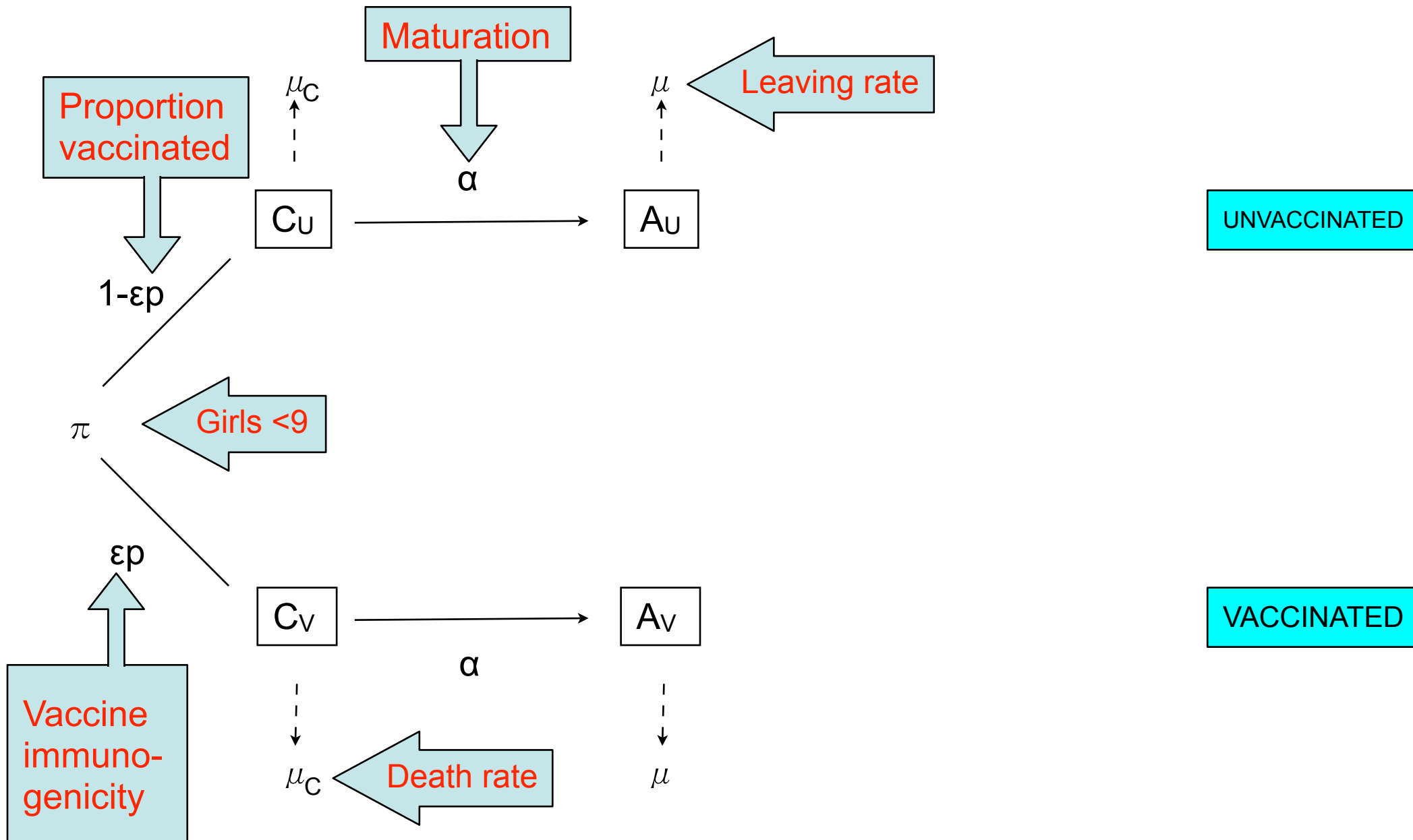
The model



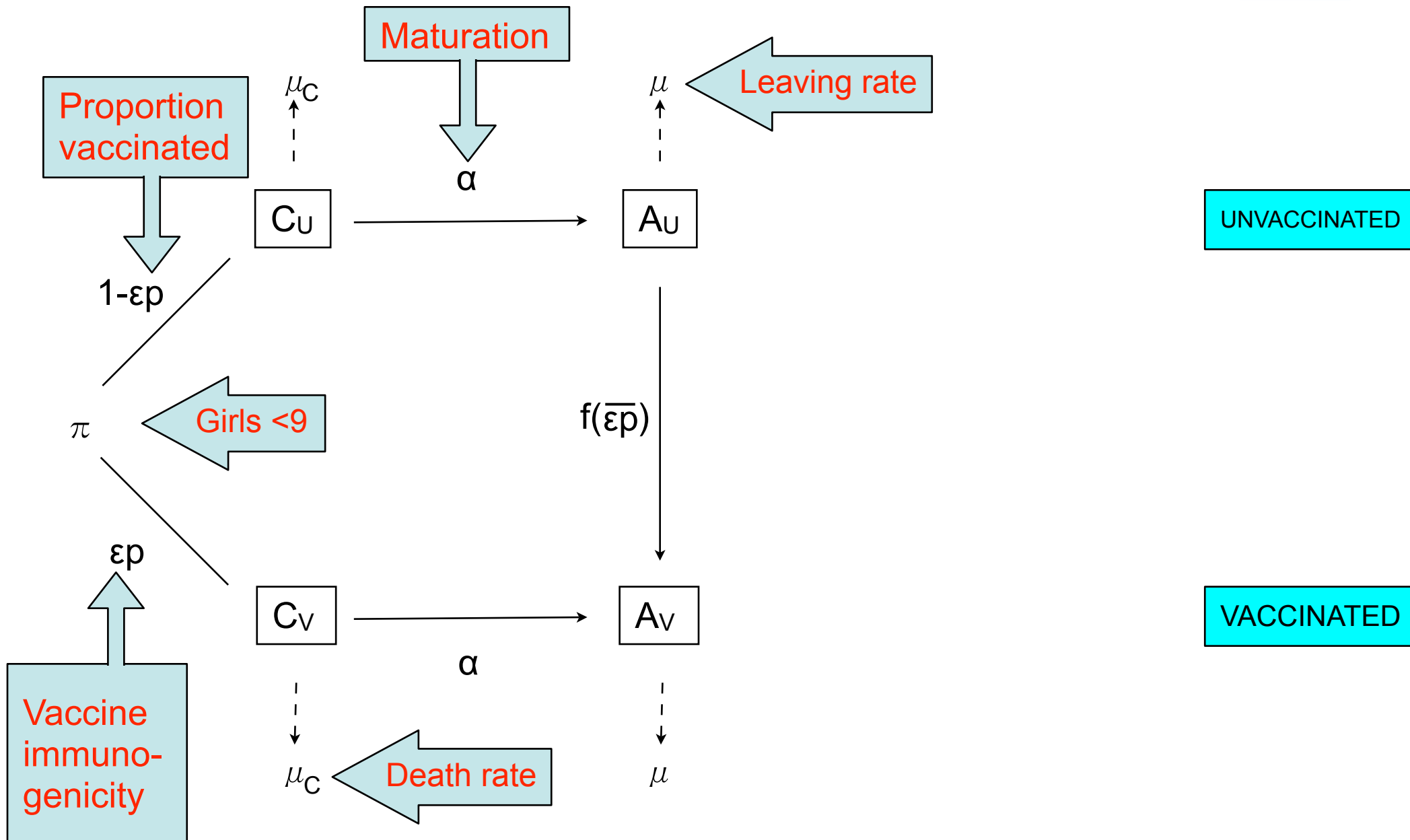
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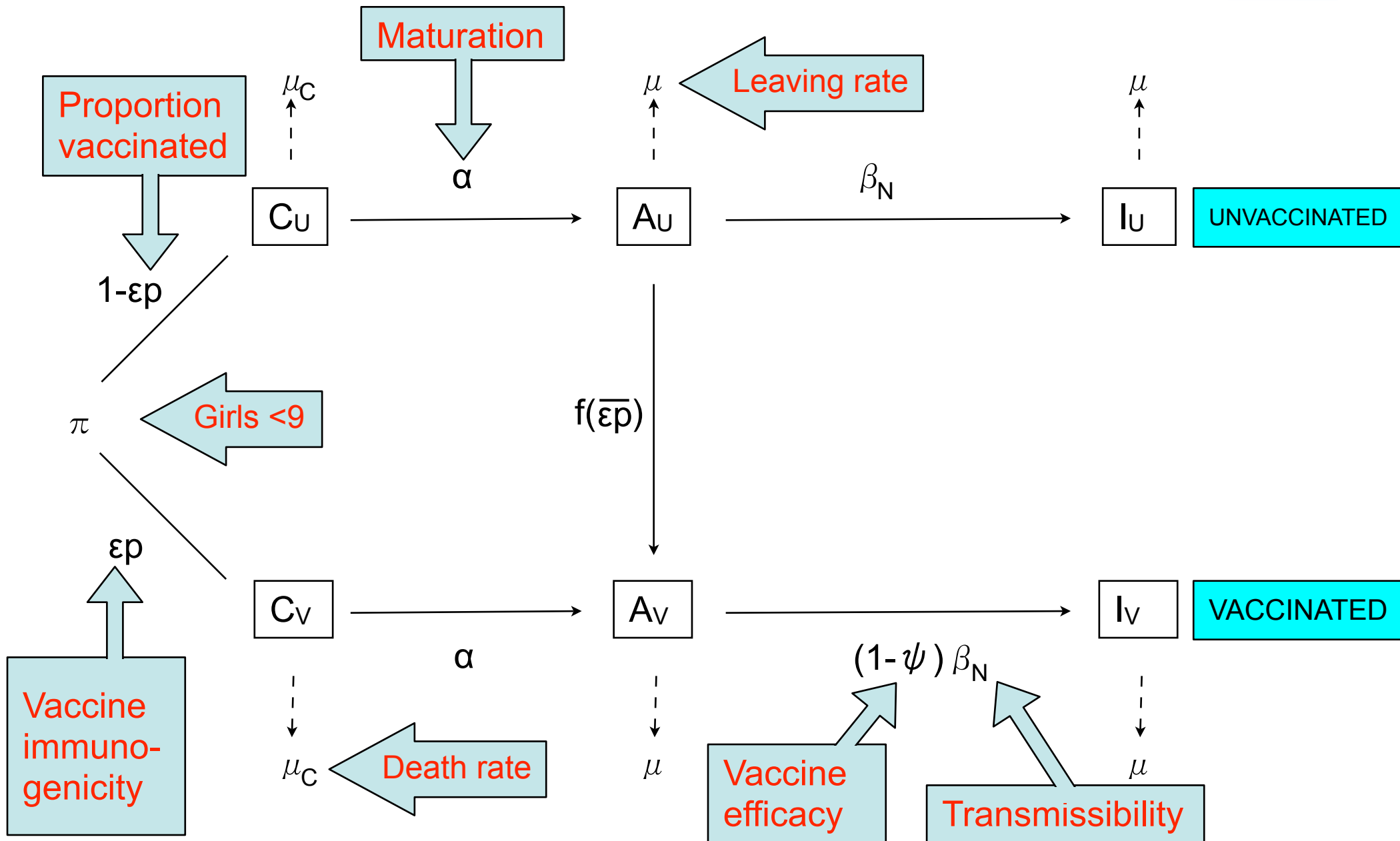
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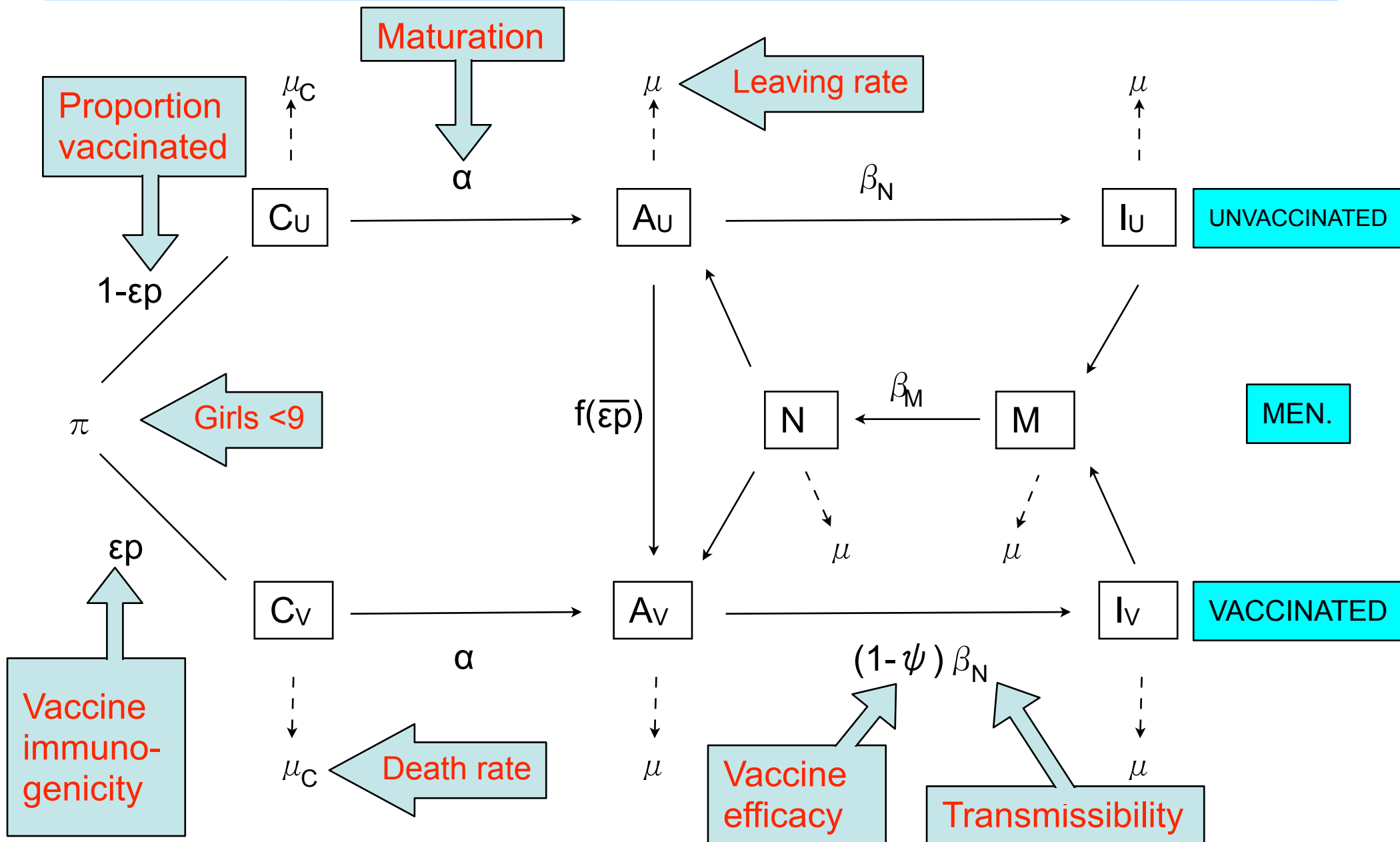
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The model



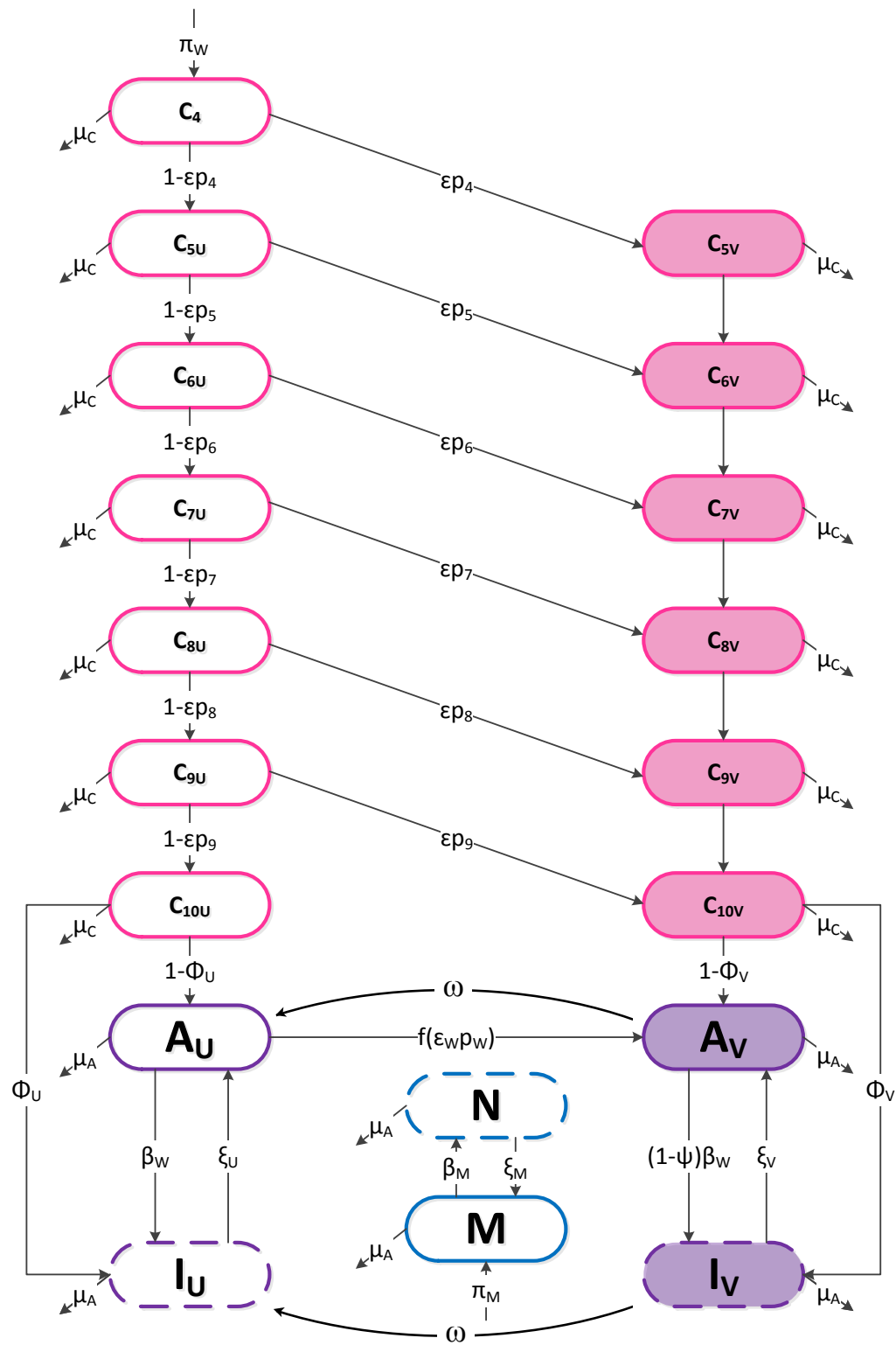
The model



Full model

- We now extend the baseline model to multiple classes of children
 - these represent different school grades
 - vaccination occurs at a particular grade
 - otherwise the vaccination rate is zero
- Some children may already be infected
 - eg childhood sexual abuse
- These individuals will proceed directly to the infected class
- We also include recovery of infected individuals.





Adult vaccination rate

- The rate of vaccination of adults is

$$f(\bar{\epsilon}\bar{p}) = \frac{c\bar{\epsilon}\bar{p}}{1 - \bar{\epsilon}\bar{p} + \gamma}$$

where c/γ is the maximum possible rate of vaccination, assuming perfect efficacy and immunogenicity

- This rate is zero if nobody is vaccinated and high (but not infinite) if everybody is
- We also include waning of the vaccine.

ϵ =immunogenicity (adults)
 p =coverage (adults)

The model

Girls in grade 4 (approx. 9 years old) are described as

$$\frac{dC_4}{dt} = \pi_W - (1 + \mu_C)C_4.$$

For girls in grade i , where $5 \leq i \leq 10$, we have

$$\frac{dC_{(i+1)U}}{dt} = (1 - \epsilon p_i)C_{iU} - (1 + \mu_C)C_{(i+1)U}$$

$$\frac{dC_{(i+1)V}}{dt} = \epsilon p_i C_{iU} + C_{iV} - (1 + \mu_C)C_{(i+1)V}$$

Uninfected adult women are described as

$$\frac{dA_U}{dt} = (1 - \phi_U)C_{10U} + \xi_U I_U - f(\epsilon_W p_W)A_U - \frac{\beta_W A_U N}{\sigma} - \mu_A A_U + \omega A_V$$

$$\frac{dA_V}{dt} = (1 - \phi_V)C_{10V} + \xi_V I_V + f(\epsilon_W p_W)A_U - \frac{(1 - \psi)\beta_W A_V N}{\sigma} - \mu_A A_V - \omega A_V.$$

Infected adult women are described as

$$\frac{dI_U}{dt} = \phi_U C_{10U} + \frac{\beta_W A_U N}{\sigma} - \xi_U I_U - \mu_A I_U + \omega I_V$$

$$\frac{dI_V}{dt} = \phi_V C_{10V} + \frac{(1 - \psi)\beta_W A_V N}{\sigma} - \xi_V I_V - \mu_A I_V - \omega I_V$$

Uninfected men are described as

$$\frac{dM}{dt} = \pi_M - \frac{\beta_M I_U M}{\varphi} - \frac{\beta_M I_V M}{\varphi} + \xi_M N - \mu_A M$$

Infected men are described as

$$\frac{dN}{dt} = \frac{\beta_M I_U M}{\varphi} + \frac{\beta_M I_V M}{\varphi} - \xi_M N - \mu_A N.$$

C_j =children A_j =uninfected adults I_j =infected adults M, N =men
 f =adult uptake μ_j =death rates π_W =female birth rate π_M =male
birth rate ϵ_j =efficacy p_j =coverage Φ_j =childhood infection
 ω =waning β_j =transmissibilities Ψ =protection ξ_j =duration of
infection φ =total women σ =total men

♀ and ♂

- The denominators are the total numbers of women (including girls) and men:

$$\begin{aligned}\text{♀} = & C_4 + C_{5U} + C_{5V} + C_{6U} + C_{6V} + C_{7U} + C_{7V} + C_{8U} + C_{8V} + C_{9U} + C_{9V} \\ & + C_{10U} + C_{10V} + A_U + A_V + I_U + I_V,\end{aligned}$$

$$\text{♂} = M + N.$$



C_j=children
A_j=uninfected adults
I_j=infected adults
M, N=men

Disease-free equilibrium

- The DFE is

$$(\overline{C_4}, \overline{C_{5U}}, \overline{C_{5V}}, \overline{C_{6U}}, \overline{C_{6V}}, \overline{C_{7U}}, \overline{C_{7V}}, \overline{C_{8U}}, \overline{C_{8V}}, \overline{C_{9U}}, \overline{C_{9V}}, \overline{C_{10U}}, \overline{C_{10V}}, \overline{A_U}, \overline{A_V}, \overline{I_U}, \overline{I_V}, \overline{M}, \overline{N}),$$

where

$$\overline{C_4} = \frac{\pi_W}{1 + \mu_C}$$

- For $4 \leq i \leq 10$, we have

$$\overline{C_{iU}} = \frac{(1 - \epsilon p_{(i-1)}) \overline{C_{(i-1)U}}}{1 + \mu_C}$$

$$\overline{C_{iV}} = \frac{\epsilon p_{(i-1)} \overline{C_{(i-1)U}} + \overline{C_{(i-1)V}}}{1 + \mu_C}$$

$$\overline{A_U} = \frac{(1 - \phi_U) \overline{C_{10U}}}{f(\overline{\epsilon_W} \overline{p_W}) + \mu_A}$$

$$\overline{A_V} = \frac{f(\overline{\epsilon_W} \overline{p_W}) \overline{A_U} + (1 - \phi_V) \overline{C_{10V}}}{\mu_A}$$

$$\overline{I_U} = 0$$

$$\overline{I_V} = 0$$

$$\overline{M} = \frac{\pi_M}{\mu_A}$$

$$\overline{N} = 0.$$

*C_j=children A_j=uninfected adults
I_j=infected adults M,N=men
f=adult uptake μ_j=death rates
π_M=male birth rate ε_j=efficacy
p_j=coverage Φ_j=childhood infection*

Stability

- We found the Jacobian matrix and used the Routh–Hurwitz criterion to determine stability of the DFE
- This is valid, so long as we have the condition $\frac{1}{\xi_V} < \frac{1}{\xi_U}$.
 - i.e. the duration of infection for vaccinated individuals is shorter than the duration of infection for unvaccinated individuals
- We expect this to occur.



Basic reproduction number

- The stability comes down to the sign of the constant term in the characteristic polynomial
- From this, we find

$$R_0 = \frac{\beta_W \beta_M ((1 - \psi)(\mu_A + \xi_U + \omega) \overline{A_V} + (\mu_A + \xi_V + \omega) \overline{A_U})}{\varphi [\mu_A^3 + \mu_A^2 (\xi_U + \xi_V + \xi_M + \omega) + \mu_A (\xi_U (\xi_V + \omega) + \xi_U \xi_M + (\xi_V + \omega) \xi_M) + \xi_U (\xi_V + \omega)]}$$

where the A_U and A_V values are evaluated at the disease-free equilibrium.

*A_j=uninfected adults μ_j =death rates
 β_j =transmissibilities φ =total women
 ψ =protection ω =waning
 ξ_j =duration of infection*



Critical childhood vaccine immunogenicity

- We can evaluate the critical vaccine immunogenicity for children ϵ^*
- We set $R_0=1$ and use our reformulated equilibrium values
- We solve for ϵ^* by looking at childhood-only vaccination
 - we thus set $p_W=0$
- Then we have

$$\epsilon^* = \frac{\beta_W \beta_M (\mu_A + \xi_U + \omega)(1 - \phi_U) \pi_W \mu_A - \mu_A^3 (1 + \mu_C)^7 \varphi (\mu_A^2 + \mu_A (\xi_U + \xi_V + \xi_M + \omega) + \xi_U (\xi_V + \omega) + \xi_U \xi_M + (\xi_V + \omega) \xi_M)}{\beta_M \beta_M [\mu_A (\mu_A + \xi_V + \omega)(1 - \phi_U) \pi_W - \mu_A (1 - \phi_U) \pi_W]}$$

μ_j =death rates ϵ_j =efficacy p_j =coverage Φ_j =childhood infection ω =waning β_j =transmissibilities φ =total women ξ_j =duration of infection π_W =female birth rate

Other critical values

- Similarly, we can find the critical vaccine efficacy for adults:

$$\epsilon_W^* = \frac{(1 + \gamma)[\beta_W \beta_M \pi_W (\mu_A + \xi_U + \omega)(1 - \phi_U) \mu_A - \mu_A D]}{D(c - \mu_A) - \beta_W \beta_M \pi_W (\mu_A + \xi_U + \omega)(1 - \phi_U)[(1 - \psi)c - \mu_A]}$$

where D is given by

$$D = (1 + \mu_C) \pi_W \mu_A (\mu_A^3 + \mu_A^2 (\xi_U + \xi_V + \xi_M + \omega) + \mu_A (\xi_U (\xi_V + \omega) + \xi_U \xi_M + (\xi_V + \omega) \xi_M) + \xi_U (\xi_V + \omega))$$










- If the efficacy is below this value, then an adult-only vaccine cannot lead to eradication.

μ_j =death rates π_W =female birth rate
 β_j =transmissibilities π =total women
 ψ =protection ξ_j =duration of infection
 c/γ =max possible vaccination

Latin Hypercube Sampling

- We explored the sensitivity of R_0 to parameter variations using
 - Latin Hypercube Sampling
 - Partial Rank Correlation Coefficients
- Latin Hypercube Sampling
 - samples parameters from a random grid
 - resamples, but not from the same row or column
(a bit like tic tac toe)
 - runs 1,000 simulations.

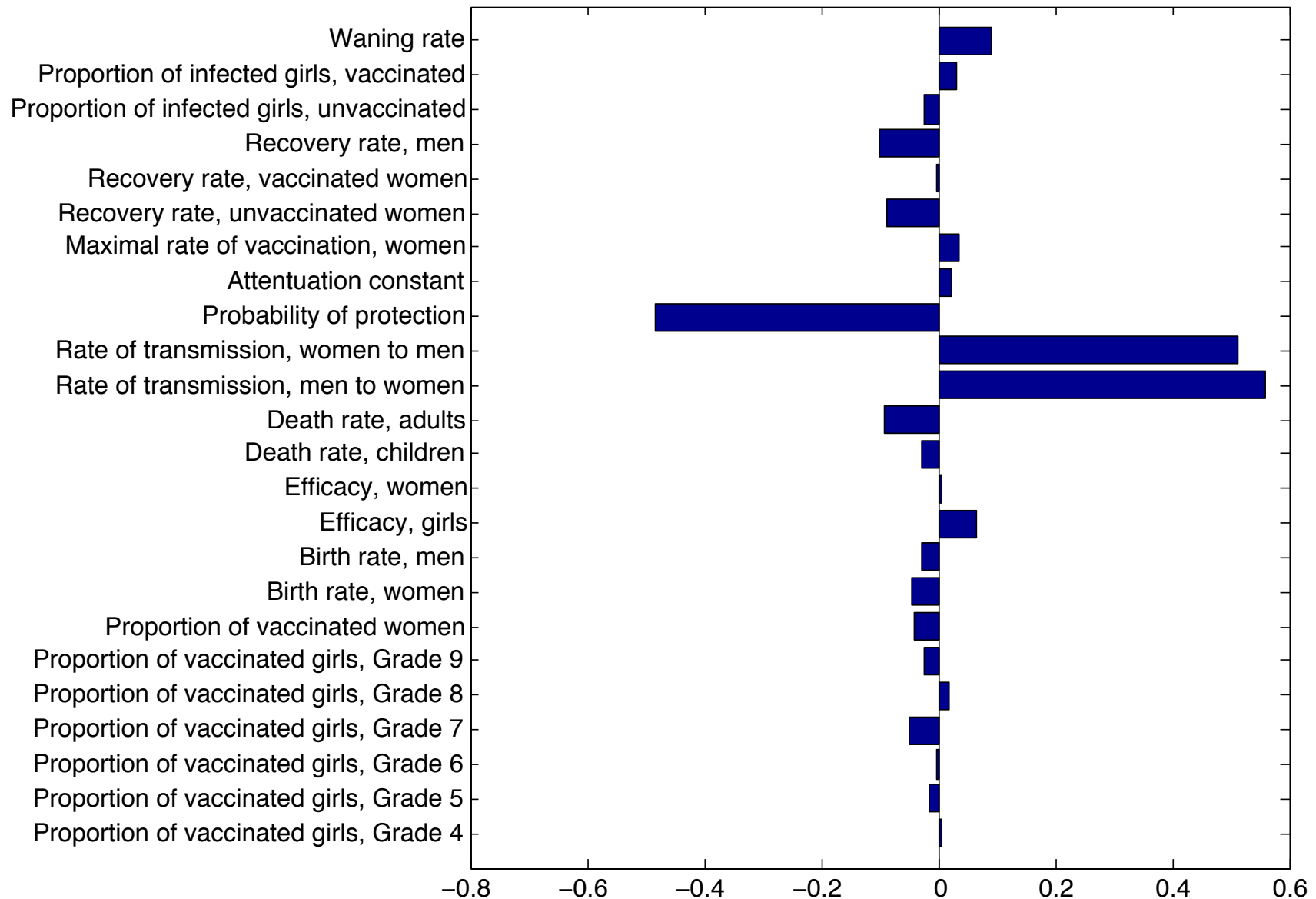
Example

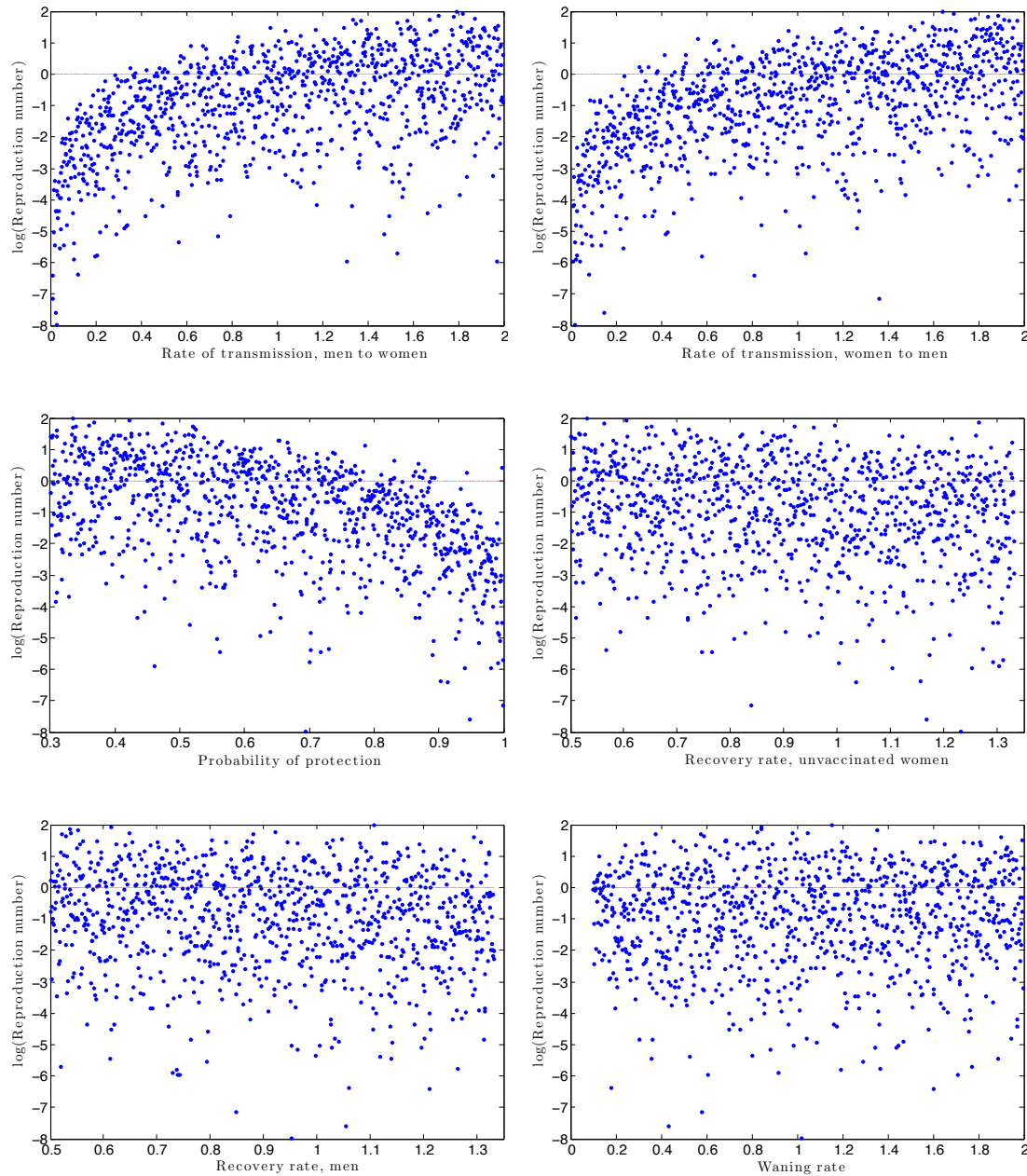
Partial Rank Correlation Coefficients

- Partial Rank Correlation Coefficients (PRCCs)
 - test individual parameters while holding all other parameters at median values
 - rank parameters by the amount of effect on the outcome
- PRCCs > 0 will increase R_0 when they are increased
- PRCCs < 0 will decrease R_0 when they are increased.

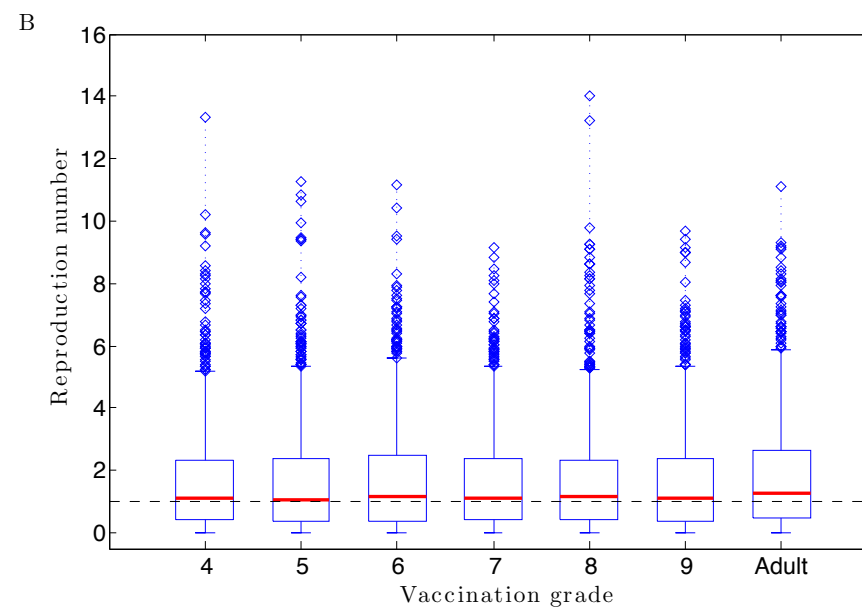
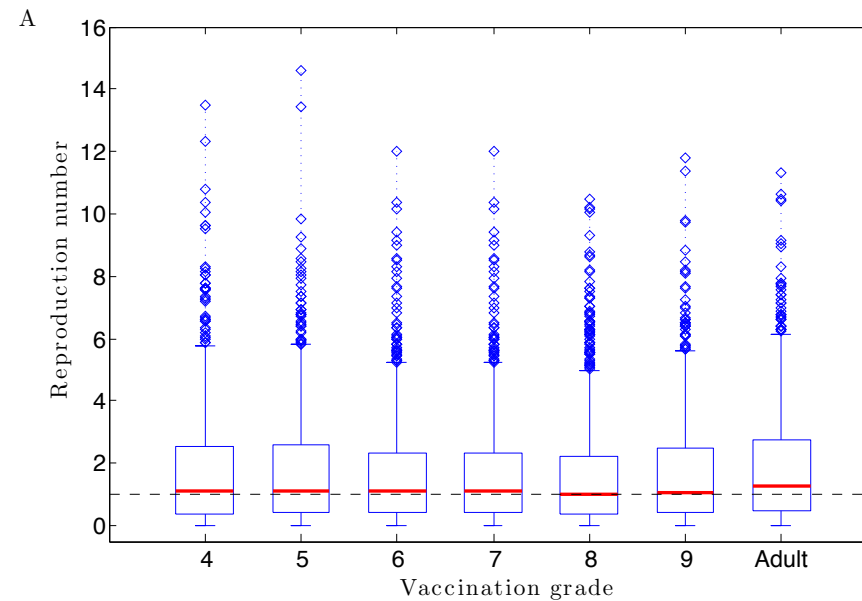
PRCCs



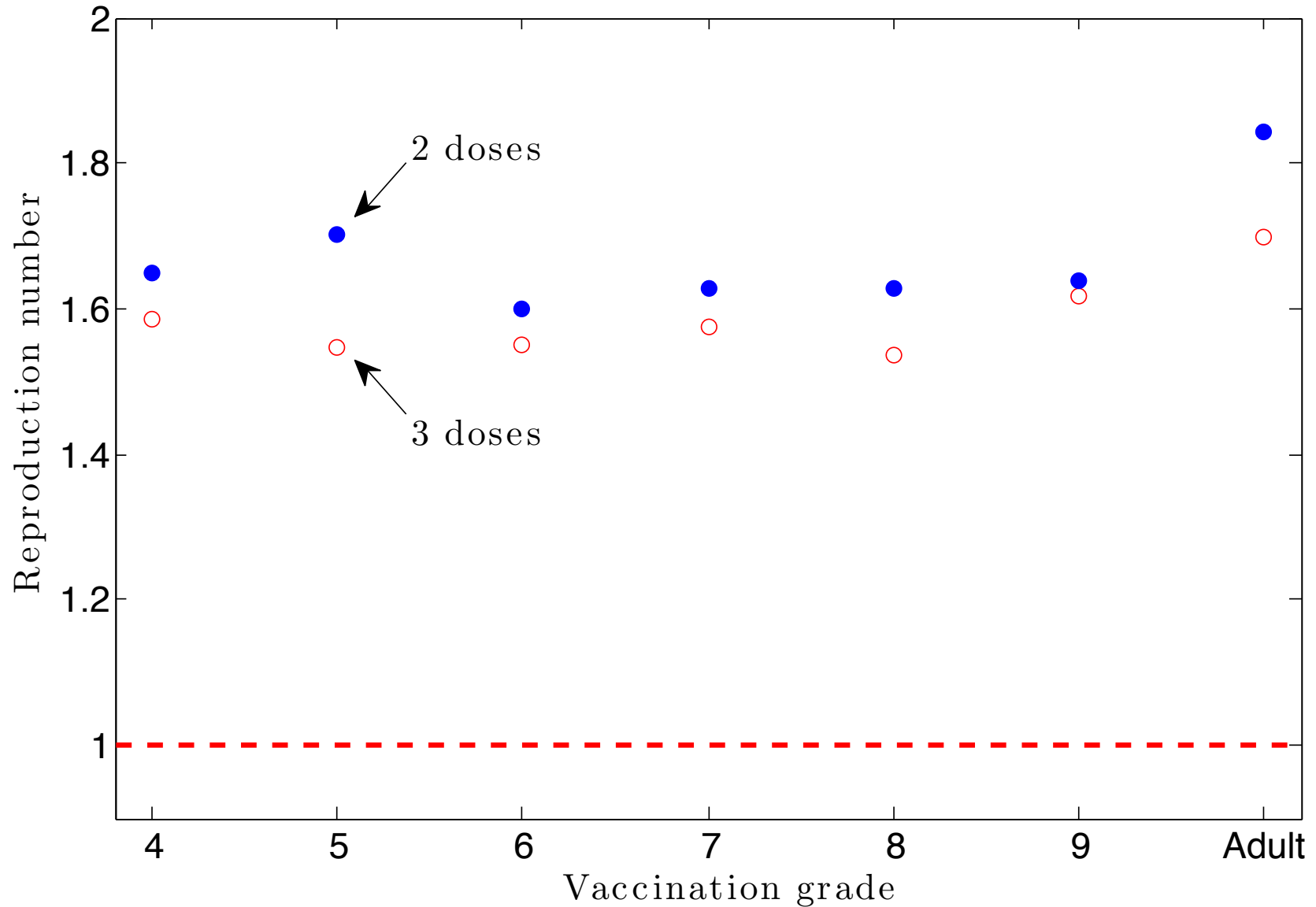
Monte Carlo simulations



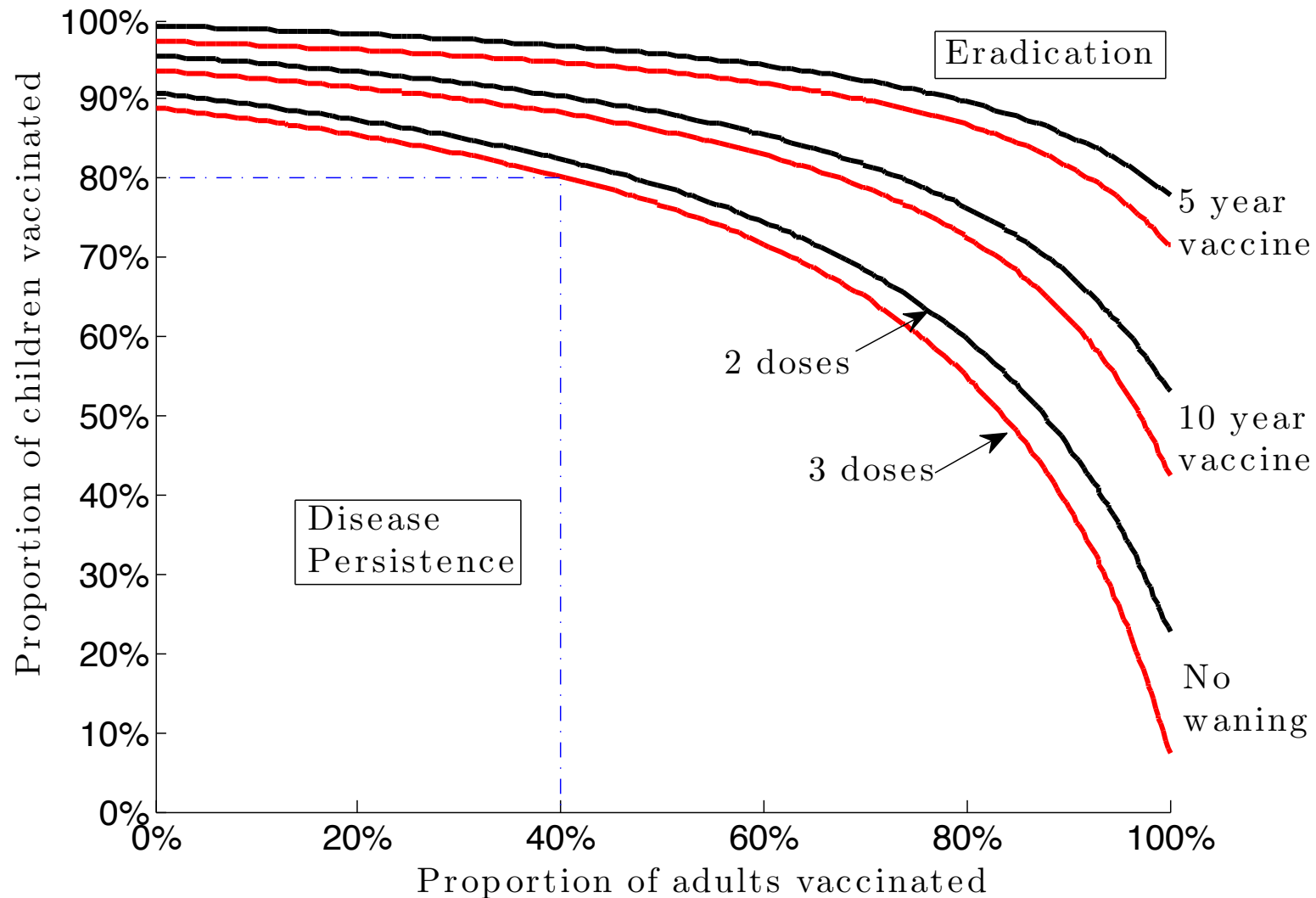
Two doses vs three doses



Mean R_0 values



Vaccination coverage rates



Summary

- Three doses is more effective than two, but not greatly
 - this is in line with clinical evaluations of provinces that use two vs three doses
- The age of vaccination does not matter terribly much for childhood vaccination
 - thus the grade of vaccination should be chosen based on vaccination-program limitations
- What matters most is coverage levels
- Childhood vaccination needs to be supplemented by moderate adult vaccination.

Conclusions

- The most effective way to decrease R_0 is to decrease transmission probabilities
 - either through condom distribution or through changes in sexual behaviour
- The vaccination age is not a crucial parameter
- The number of doses barely affects the outcome, except to facilitate greater uptake
- Childhood vaccination should be supplemented by moderate adult vaccination
 - this could be achieved by enhanced HPV awareness programs in colleges/universities.

Interaction with PHAC

- This research was undertaken as part of a MITACS internship by Carley Rogers, as part of her M.Sc. at the University of Ottawa
- Carley worked at the Public Health Agency of Canada for four months
 - from May–August 2013
- The model was developed in collaboration with PHAC members
 - they also had access to provincial vaccination data.



A policy outcome

- Specific additions by PHAC were:
 - including recovery for both women and men
 - adding in children who were pre-infected
- As a result of this research, Quebec changed its HPV vaccination policy in August 2013 from three to two doses.

Quebec reduces HPV vaccine doses, only two shots now needed



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The Canadian Press
Published Friday, August 23, 2013 3:26PM EDT

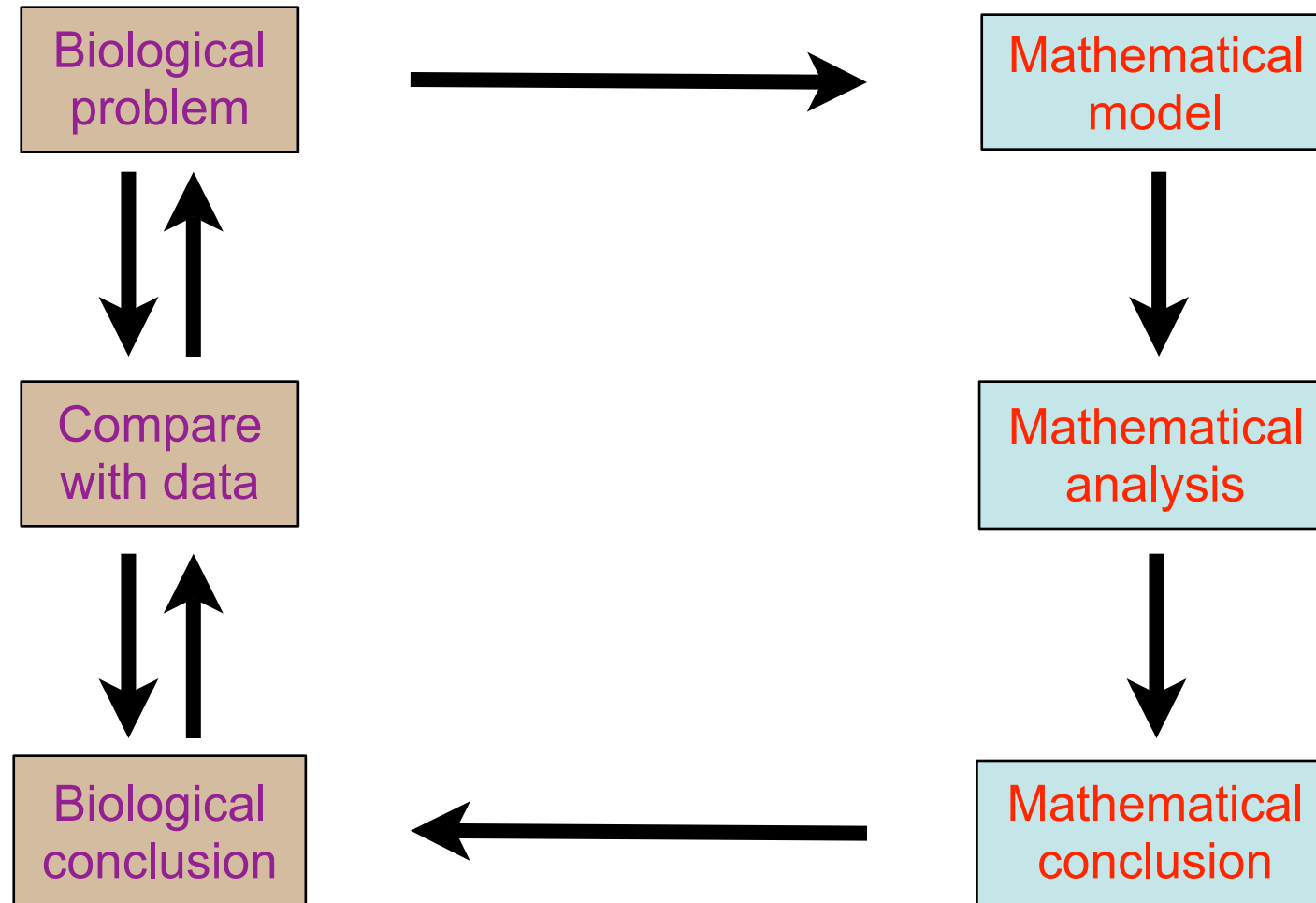
Quebec girls will become the first in the country to benefit from new research that suggests the HPV vaccine is so effective that two doses -- rather than the recommended three -- may be all that's needed.

The province's health ministry has decided to forgo the third dose of HPV vaccine for girls entering Secondary 3 -- the equivalent of Grade 9 -- this fall, Karine White, a spokesperson for the ministry, confirmed in an interview. The decision was made based on a recommendation from an expert panel.

Mathematics and policy

- This shows that we can have a direct influence on policy
- However, it has to be done collaboratively
- Our aim is to have a conversation between mathematicians and non-mathematicians
- Only be designing the model together, so that all parties have input, will we be able to construct models that the intended audience have faith in
 - thus we have to build models from the ground up
- This illustrates the cycle of modelling.

Using math to solve real problems



Another modelling success story

- The West African River Blindness Control Program was hailed as a success due to integrated modelling and control efforts
- Modelling predicted that 14 years of vector control would reduce the risk to less than 1%
- Helped convince donors that control was feasible
- Models were refined using subsequent data to include treatment
- Modelling retained a prominent role in subsequent policy discussions.

Can math change the world?

- It's estimated that malaria has killed one in two humans who ever lived
- In 1911, Sir Ronald Ross discovered mosquitoes were responsible
 - this made many people very upset
- Kermack and McKendrick used an SIR model and R_0 to outline eradication methods
 - these were largely successful
- Thus, many of us are alive because malaria is no longer endemic in developed countries.



Key references

- C. Rogers and R.J. Smith? (2015) Examining provincial HPV vaccination schemes in Canada: should we standardise the grade of vaccination or the number of doses? (International Scholarly Research Notices)
- M. Al-arydah and R.J. Smith? (2011) An age-structured model of human papillomavirus vaccination (Mathematics and Computers in Simulation 82:629–642)
- M. Llamazares and R.J. Smith? (2008) Evaluating human papillomavirus vaccination programs in Canada: should provincial healthcare pay for voluntary adult vaccination? (BMC Public Health 8:114).

<http://mysite.science.uottawa.ca/rsmith43>

